OUR SCHOOL VISION:  Encouraging all members of the school community to work together to create a positive and motivating environment, allowing all students to maximise their educational opportunities in an ever changing world.

Wandong Primary School Mini Olympics

Reminder
Friday 19th August - Wakakirri Performance at The Clocktower (Moonee Ponds)

www.wandongps.vic.edu.au
Dear families,

Mini Olympics
What an absolutely fantastic day we had last Friday with our Mini Olympics. Despite the chilly conditions, everyone had a great time. Thank you to Mr Fearn for organising the event, to all the staff who ran each station, to all our parents who came down to support the day and assist with events and to all the students who showed excellent sportspersonship throughout the day.

ThinkLinks
Yesterday we had our second ThinkLinks session for the term. During this session students began making their masks or puppets. ThinkLinks is a wonderful opportunity to see older students working collaboratively with younger students and assisting them with their work while developing positive multi-age relationships. We have our final ThinkLinks session for the year next Tuesday from 2pm. If you are able to attend, we’d love to see you there.

Story Time
What a great turnout we had last Wednesday for our first Story Time session in the library. Over 25 Kindergarten children and their parents attended the session. Story Time is a wonderful way for kinder children to begin their initial transition into primary school. The children listened to a story read by Miss Green and completed some craft activities. Our second Story Time session was this morning with the third and final session planned for next Wednesday.

Library Open
Our library is again open for teachers and students to use during the week. Making the best use of the space has been difficult, as Performing Arts, PE and assembly all run out of the same building. However, these issues have been overcome and teachers are taking their classes to the library to borrow books once a fortnight. The library also remains open on Monday and Friday lunchtimes for students to explore books and have a quiet place to read during lunchtime.

Literacy and Numeracy Week
Literacy and Numeracy Week is fast approaching (29th August – 4th September) and we have some awesome activities planned. Celebrating literacy, we’ll be having a ‘Writing Round Robin’, whole school ‘Read to Self’ and back by popular demand, a ‘Book Swap’. What’s a book swap you say???? Basically, students bring an unused book or books (in good condition) and receive a ticket for the number of books they bring in. Then on Friday 2nd September they swap their tickets for a book someone else has brought in. We’ll be accepting books from the week beginning 29th August. It’s a great way to explore new books and increase your literacy knowledge. Celebrating Numeracy, we have a grid referencing competition, a whole school number fluency activity and a numeracy game you can try at home called ‘Catch 22’. Keep an eye out for more information about these activities coming home shortly.

Upcoming Expenses
Over the next few weeks until the end of term, they’ll be a few activities that we’d like to make you aware of that require a monetary component to participate in. These include:

- Indonesian Dance Incursion $3 for 3/4 students and $2 for Foundation – 2 and grade 5/6 students (note home shortly)
- Grid Referencing competition – 50c entry (optional participation)
- SRC will be running a pyjama day – Gold coin donation (optional participation)
- Footy Dress up day – Gold coin donation (optional participation)

Have a great week – Anthony Potesta

---

**SRC PYJAMA DAY - 7th September 2016**

The SRC would like to invite all students to come to school dressed in their pyjamas. How perfect for these cold early mornings!! We will be coinciding our PJ day with Indigenous Literacy Day. During the day, teachers will read students a selection of indigenous dream time stories (perfect for us in pyjamas) to add to the fun whilst also allowing us all to learn a little more about our indigenous people and their beliefs. Slippers can be bought to school to wear inside the classroom.

Get your PJs ready for a fun day 😊

---

WANDONG PRIMARY SCHOOL IS PROUDLY SUPPORTED BY Wallan & Kilmore Community Bank® branches
## WOW! ... WHAT'S ON & WHAT'S DUE @WANDONG

<table>
<thead>
<tr>
<th>AUGUST</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 19th</td>
<td>Wakakirri Performance at The Clocktower (Moonee Ponds)</td>
</tr>
<tr>
<td></td>
<td>• Foundation Bounce Camp permission and payment due back today</td>
</tr>
<tr>
<td>Tuesday 23rd</td>
<td>2016 ThinkLinks session from 2:00-3:00pm</td>
</tr>
<tr>
<td>Wednesday 24th</td>
<td>Visit to Dianella Hostel in Kilmore (Grade 5 students)</td>
</tr>
<tr>
<td></td>
<td>2016 Story Time Session - 9:45 to 10:45am in the library (2017 Foundation)</td>
</tr>
<tr>
<td>Friday 26th</td>
<td>Foundation Bounce Camp</td>
</tr>
<tr>
<td></td>
<td>• Grade 1/2 Latitude Camp permission and payment due back today</td>
</tr>
<tr>
<td></td>
<td>• Grade 5/6B Dianella visit permission slip due back today</td>
</tr>
<tr>
<td>Tuesday 30th</td>
<td>District Athletics Carnival</td>
</tr>
<tr>
<td>Mon 29th - Sun 4th</td>
<td>Numeracy and Literacy Week</td>
</tr>
<tr>
<td>Wednesday 31st</td>
<td>Visit to Dianella Hostel in Kilmore (Grade 5 students)</td>
</tr>
<tr>
<td></td>
<td>PAFA Fathers Day Stall</td>
</tr>
</tbody>
</table>

### SECOND HAND UNIFORM STALL

There will be a second hand uniform stall outside the Art room on Thursday 18th August from 9am – 9:30pm. All items $5. For speedy service: cash only, limited change will be available. If unable to attend, ask a friend! See you there.

### What’s gone home this past week?

The following notices were sent home between Thursday 11th August and Wednesday 17th August:

**Whole school:**
- PAFA Father’s Day raffle tickets

**Selected Families:** Nil

**Selected Students:** Nil

**Individual grade levels:**

**Foundation:**
- Foundation Newsletter - 15th August 2016

**One/Two:** Nil

**Three/Four:** Nil

**Five/Six:**
- Grade 5/6B visit to Dianella permission slip

Spare copies of notices are in the school foyer in the grade level trays.

### PARENT PAYMENTS RECEIVED

<table>
<thead>
<tr>
<th>246 families at WPS.</th>
</tr>
</thead>
<tbody>
<tr>
<td>151 Completed payments</td>
</tr>
<tr>
<td>= 61%</td>
</tr>
</tbody>
</table>

Wandong Primary School is holding a Footy Colours Day on Friday 2nd September. Students can come dressed in their favourite footy colours. These can be from AFL, NFL, Rugby, Soccer or your local club. Gold coin donation (optional participation).

### PARENT PAYMENTS RECEIVED

Have you recently asked your child/ren.....

“**What did you learn today?**”
Our SEL (Social & Emotional Learning) focus is.....

**THE POWER OF SELF TALK**

Self-talk is what you say to yourself every minute of every day. It’s also called “inner speech.” You’re probably not aware of it, but you are constantly telling yourself things that affect what you think, say, and do. For example, if you are afraid, you can say to yourself, “It’s ok, there is nothing to worry about.” You can help yourself concentrate by saying something like, “Tune everything else out, and focus on what you are doing.”

If you think positively, you will probably succeed. If you think in negative terms, you probably won’t. When you recognise the thoughts that make you feel good, you can make them happen more often. You can learn to comfort yourself when things go wrong. You can learn to be your own best friend!

**Try this at home:**

There are three things you can do that can help with changing the direction of your self-talk.

1. **Listen to what you’re saying to yourself**—We don’t always consciously take note of that we’re saying in our minds. The first step in improving your self-talk is to actually notice what your inner voice is saying. Take some time each day to listen, and even write down, what you’re thinking.

2. **Monitor your self-talk**—Is your self-talk more positive or negative? Start questioning your self-talk asking things like:
   - Is there actual evidence for what I’m thinking?
   - What would I say if a friend were in a similar situation?
   - Is there a more positive way of looking at this?
   - Am I keeping everything in perspective?
   - Can I do anything to change what I’m feeling bad about?

3. **Change your self-talk**—Easier said than done, but definitely worth working on. Try by **countering your negative thoughts** with positive ones. For example, if you think “I’ll never be able to do this”, ask yourself “Is there anything I can do that will help me be able to do this?” Avoid speaking in finite language and try and look for things that might add a better spin to a tough situation.

**Final Thought...**

“Like food is to the body, self-talk is to the mind. Don’t let any junk thoughts repeat in your head.”